



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of JUNE 2025

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	3	681
JDN(Less than 40)		128
SSS I	-	326
SSS II		283
SSS III		239
PPS	3	364
CGP		37
AMS	-	133
PEPS		10
KHS	3	383
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

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2.BRANCH MEETING

I) EXECUTIVE COMMITTEE MEETINGS

11.06.2025: EXECUTIVE MEETING

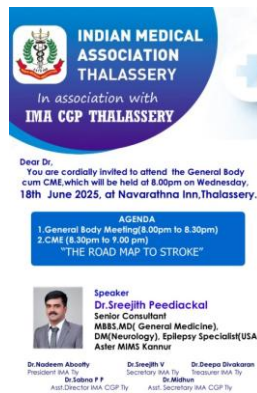
Executive Committee Meeting on 11.06.2025. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 29members attended the meeting. Vote of thanks was proposed by Dr.Sreejith V (Secretary IMA Thalassery).



II) GENERAL BODY MEETING

18.06.2025: GENERAL BODY MEETING

The General Body Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abootty (President IMA Thalassery) welcomed the attendees. Dr. Sreejith V (Secretary IMA Thalassery) proposed a vote of thanks. A total of 54 members attended the meeting.



3. BRANCH CHAPTERS

CGP

18.06.2025: CME

IMA Thalassery in association with IMA CGP Thalassery conducted a CME on “THE ROAD MAP TO STROKE” by Dr.Sreejith Peediackal(Senior Consultant, MBBS,MD(General Medicine),DN(Neurology), Epilepsy Specialist(USA) Aster MIMS Kannur. Dr. Nadeem Abootty(President IMA Thalassery) presided over the meeting, which was attended by 54 members. Dr. Sreejith V (Secretary IMA Thalassery) proposed the vote of thanks.



WIMA

14.06.2025: WIMA MEMBERS VISITED SENIOR DOCTORS

WIMA members visited senior doctors at their home on 14th June and spent some time with them as part of providing psychological support through recollecting the days WIMA and IMA members spent together with them . Session organized by Kanivu palliative & rehabilitation forum in association with TRACK (Trauma Care Society Kannur) & IMA Thalassery.



18.06.2025: WIMA GB MEETING

WIMA GB meeting was held on 18.6.25 at Hotel Navarathna Inn at 7.30 pm. Attended by 15 WIMA members and presided by ex-officio Thalassery IMA President Dr. Nadeem Abooty.



21.06.2025: WEEKEND OUTING WITH ONE OF THE SENIOR MEMBER OF WIMA

WIMA members went on a weekend outing with one of the senior member of WIMA Thalassery to Muzhappilangad beach on 21.6.25 as part of 'ME TIME'.



28.06.2025: WIMA CME

WIMA Thalassery conducted a CME on two important topics very relevant for doctors on 28.6.25 at Hotel Gokulam Fort. The program started with a welcome address by Dr.M.S.Biji, Chairperson, WIMA Thalassery followed by address by Dr.Saina Sunilkumar, Vice President IMA Thalassery. The first topic on “Stress management in day to day life” was taken by Dr.Reshmi Ramesan, Consultant Psychiatrist, Thalassery followed by a talk on “Tips for healthy life” by Dr.Geetha Mekkoth, Consultant Gynaecologist, Baby Memorial Hospital and AKG hospital Kannur. Around 25 members participated in the very interactive program. Dr.Sreeja Viswan, Secretary WIMA gave the vote of thanks.



4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

10.06.2025: A TALK ON WASTE SEGREGATION

A talk on waste segregation by Mr.Gokul Das ,Dist. Coordinator, IMAGE at IGCOH was held on 10.6.25 at 1.30pm .The program was coordinated by Dr.Rethika V V.

Around 60 people from housekeeping,nursing Assistants and WIMA members Dr.Remya T K, Dr.Sreeja, Mrs.Fahana and Mrs.Sabeena also attended the program.75 People attended the program.



22.06.2025: SESSION ON “PERSONALITY DEVELOPMENT”

Dr.Suchitra Sudhir took a session on “Personality Development” for the outstanding students of Chavassery-Veliyambra area of Kannur District on 22.6.25.It was an interactive session attended by 100 students.



20.06.2025: AWARENESS CLASS ON HEPATITIS A

Awareness class on Hepatitis A at Mangattidam Panchayat on 20.6.25 by Dr.Sreeja Viswan,Secretary WIMA Thalassery .Around 20 people attended the session.The session was planned as a case of Hepatitis A was detected in this panchayath.



20.06.2025: SENSITIZATION CLASS ON TB

Dr.Rejna Dinath was the invited speaker at the KIMS Sreechand monthly academic meeting on 20.6.25.She took a Sensitization class on TB, TB preventive therapy and NTEP updates.



26.06.2025: TRAINING ON “ EVOLVING DIAGNOSTICS AND TREATMENT IN TB ”

Dr.Rejna Dilnath gave a training on “Evolving diagnostics and treatment in TB” for staff at Payyanur Taluk hospital. Around 45 staff participated in the training.



26.06.2025: SESSION ON MENOPAUSE

Dr.Suchitra Sudhir took a session on Menopause for Kudumbasree workers of Mattannur Municipality on 26.6.25.Around 150-200 Kudumbasree workers attended the program.



27.06.2025: CLASS ON MENSTRUAL CUP

Dr.Sreeja took a class on menstrual cup at Muzhappilangad Panchayath hall on 27.6.25. Around 40 ladies attended the session.



30.06.2025: CLASS ON “PREVENTION OF RABIES ”

Dr.Sreeja Viswan took a class on “Prevention of Rabies ” for students of Ayithara Mambaram HSS in Mangattidam panchayat on 30.6.25.



30.06.2025: RABIES PREVENTION CLASS

Rabies prevention class at Gama international school Mangattidam Panchayath on 30.6.25 by Dr.Sreeja Viswan(Secretary WIMA Thalassery).



5)HOSTING DC MEETINGS

13.06.2025: DIST COMMITTEE MEETING

District committee meeting was hosted by IMA Thalassery. Welcome by Dr.Nadeem Abouty (President IMA Thalassery). Representations from Thalassery, Koothuparamba, Iritty, Panoor, Thaliparamab, Kannur, Payyannur, Cherukunnu attended the meeting. Scheme representatives from the district and Past State Presidents Dr.Babu Ravindran T N , Dr.Srikumar Vasudevan and District Committee Chairman Dr.Rajmohan C K & Dist Committee Convenor Dr.Latha Mary Jose attended the meeting. Meeting was attended by 35 members





ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ ജില്ലാ കൺവൻഷൻ മുൻ ദേശീയ വൈസ് പ്രസിഡന്റ് ഡോ. ബാബു രവീന്ദ്രൻ ഉദ്ഘാടനം ചെയ്യുന്നു

സങ്കരവൈദ്യം ചികിത്സാരംഗം അവതാളത്തിലാക്കും: ഐ.എം.എ

കണ്ണൂർ - ഇന്ത്യയിലെ വൈദ്യ ശാസ്ത്ര രംഗത്തെ മികവിന്റെ കേന്ദ്രങ്ങളായ ദേശീയ ഇൻസ്റ്റിറ്റ്യൂട്ടുകളിൽ സങ്കര വൈദ്യം നടപ്പാക്കാനുള്ള തീരുമാനം കേന്ദ്ര സർക്കാർ പിൻവലിക്കണമെന്ന് ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ (ഐ.എം.എ) ജില്ലാ കൺവൻഷൻ ആവശ്യപ്പെട്ടു. മറ്റു ചികിത്സാരംഗങ്ങളെ അതാതിരമലക്ഷ്യം ഗവേഷണം നടത്തി സ്വയം പര്യാപ്തമാക്കുന്നതിന് പകരം ആധുനിക വൈദ്യ ശാസ്ത്രത്തെ കൂട്ടിച്ചേർക്കുന്നതിനായി ചികിത്സയും സമൂഹത്തിനും ഗുണകരമാണ്. ഇത് അന്താരാഷ്ട്ര രംഗത്ത് ഡിപ്ലിയുടെ സാധ്യത പോലും ചോദ്യം ചെയ്യാൻ സാധ്യതയുണ്ടെന്നും കൺവൻഷൻ പറഞ്ഞു.

ഐ.എം.എ മുൻ ദേശീയ വൈസ് പ്രസിഡന്റ് ഡോ. ബാബു രവീന്ദ്രൻ ഉദ്ഘാടനം ചെയ്തു. ജില്ലാ ചെയർമാൻ ഡോ. രാജീവ് രാമൻ അധ്യക്ഷനായി. മുൻ സംസ്ഥാന പ്രസിഡന്റ് ഡോ. മുക്താർ വാസുദേവൻ, ഡോ. മുക്താർ രാജ്, ഡോ. നിരീഷ് അബ്ദുല്ല, ഡോ. സച്ചിൻ, ഡോ. സുരേഷ് കുമാർ അി സംസാരിച്ചു.

6) PARTICIPATION IN STATE MEETINGS

Any other event designated by the state

01.06.2025: TALK ON MEDICAL ERROR

Talk on Medical Error by Dr. Mini Balakrishnan (Past President IMA Thalassery & Senior Consultant Gynaecologist, Tellicherry Co-op Hospital) at Kottayam.



22.06.2025: Dr.Sandeep T K & Dr.Pushparaj S R from ima thalassery branch represented Kannur District Team became Runner Up in IMA State Badminton Tournament, conducted at Cherthala.



7) STATE PROGRAMMES

i) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 300 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

05.06.2025: WORLD ENVIRONMENT DAY

Dr.Babu Ravindran T N(Past National Vice President) &Dr.Ramesh R(Past National Vice President elect) attended the World environment day celebrations at IMAGE plant Palakkad.



18.06.2025: WORLD BLOOD DONORS DAY

In connection with World blood donors Day(14th June 2025),a blood group determination camp was held at Govt Higher Secondary School,Aayithara Mambaram on 18.6.25. Dr.Sreeja Viswan coordinated the camp.Around 30 SPC students attended the camp and tested for blood grouping.



21.06.2025: INTERNATIONAL YOGA DAY

Observation of International Yoga Day on 21.6.25. Dr.Suchitra Sudhir celebrated Yoga day with Cancer Thrivers at Malabar Cancer Care Society.



26.06.2025: INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

IMA Thalassery conducted an ‘Anti drug campaign and pledge’ on International Day against Drug abuse and Illicit trafficking on 26.6.25. A talk on ‘Say no to drugs’ was taken by Dr.Meenu Mary Vincent, Consultant psychiatrist ,GH ,Thalassery for NSS and NCC students of College of Engineering, Thalassery .The program was inaugurated by IMA Thalassery President Dr.Nadeem Abooty.





8) SUB COMMITTEE ACTIVITIES

i) Doctors Support Cell formation

30.05.2025: DOCTORS SUPPORT COMMITTEE MEETING

IMA Thalassery doctors support committee meeting on 30-5-25 chaired by DSC chair Dr Mini Balakrishnan. Was attended by DSC state chairman Dr Sreekumar Vasudevan, Dr Aravind Nambiar DSC Thalassery convener and all other members of DSC Thalassery.



ii) Session on Leadership & Communication Skills

08.06.2025: SESSION ON COMMUNICATION SKILLS

Dr. Mini Balakrishnan took a session on Communication skills in the IMA North Zone conference on Communication skills conducted by IMA Kozhikode on 8.6.25 .Around 60 doctors participated.



09.06.2025: TALK ON COMMUNICATION CLASS

Talk on Communication Class by Dr. Mini Balakrishnan (Past President IMA Thalassery & Senior Consultant Gynaecologist, Tellicherry Co-op Hospital) at Adoor.



27.06.2025: TALK ON COMMUNICATION CLASS

Talk on Communication Class by Dr. Mini Balakrishnan (Vice Chairperson WIMA KSB) at Kannur.



29.06.2025: TALK ON COMMUNICATION CLASS

Talk on Communication Class by Dr. Mini Balakrishnan (Vice Chairperson WIMA KSB) at Wayanad.



iii) Hospital Violence

22.06.2025: Talk on Workshop on prevention of hospital violence by Dr.Ramesh R (National Vice President Elect) at Periyar House Aluva.



iv)Public ELS Programme

14.06.25: FIRST AID & BLS SESSION

IMA Thalassery and Trauma Care Society Kannur conducted First AID & BLS Session at Kuttiyamu centre, AVK Nair Road, Thalassery. Program inaugurated by Dr V K Rajeevan, Supdt, GH Thalassery. Class was taken by D. Anand K. Attended by about 80 peoples.





9) SPECIAL PROJECTS BY BRANCH

Pain and Palliative Care Society

1. NUMBER OF NURSES HOME CARE CONDUCTED... 7 (ON ALL WEDNESDAYS AND SATURDAYS)
2. NUMBER OF VOLUNTEERS (HOME CARE CONDUCTED)...7
3. NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 31
4. NUMBER OF NURSES HOME CARE PATIENTS... 31
5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 4 (ON ALL WEDNESDAY)
6. NUMBER OF PATIENTS OP ATTENDED....82
7. NUMBER OF WOUND CARE PATIENTS.... 6
8. NUMBER OF CATHETER CARE PATIENTS.... 10
9. NUMBER OF DEATH CASE.. 20
10. NUMBER OF MORPHINE PATIENTS.. 38
11. NUMBER OF CANCER PATIENTS... 60
12. NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED... 5
13. NUMBER OF NEW CASE...11

Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon